



Maratha Vidya Prasarak Samaj's
Arts, Commerce & Science College, Manmad.

Tal. Nandgaon, Dist. Nashik (M.S.) 423104

Affiliated to Savitribai Phule Pune University, Pune
(ID No-PU/NS/AC/108/2007) AISHE : C-42066

Email: - mvpprinmanmad@gmail.com Telephone: - 02591-225364

Ref No/ /

Internal Quality Assurance Cell
Report of Event/Programme

Name of the Department/ committee	National Service Scheme
Name of the Coordinator	Asst. Prof Bhabad N.V
Title of the Event/ Programme	Yoga Day in Online Mode
Date /Period of Event/ Programme	21 June 2020
Objective of the event/Programme	1. To create interest in among the Students Volunteers about yoga and health Fitness.
Sponsored Agency /Institute	Savitribai Phule University Pune . Organized by Mvp's Arts, Commerce and Science College Manmad
Total No. of the Participant	30
Venue of the Event/ Programme	AT. Manmad Tal Nandgaon – Dist Nashik.
Programme Outcome	This Programme Creates Awareness towards Health Fitness.



(Dr.S.G Baviskar)

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International Yoga Day

International Yoga Day, also known as World Yoga Day, is celebrated on June 21st every year. However, due to the ongoing COVID-19 pandemic, many events and celebrations have shifted to online or virtual platforms to ensure safety and maintain social distancing protocols. In the context of Yoga Day in the era of COVID-19, while celebrating Yoga Day in the online mode during the pandemic may differ from traditional in-person events, it allows for wider accessibility and participation from people across different locations. It also highlights the adaptability of yoga as a practice that can be embraced even in challenging circumstances.

For this online mode yoga sessions Asst.Prof Vadge Physical Director gives Instructions of yoga steps through online Zoom App. Though Corona Circumstances so many students took parts in these yoga sessions. This Programme which Coordinates Asst .Prof Bhabad N.V and help by college staff.



Sunish

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PHOTOS





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